**Arts Education Series**

**June 2021**

**Professional Learning**

**Exploring New Jersey’s Learning Standards in the Visual and Performing Arts**

**June 10th 2pm - 4pm**

In this webinar, participants will learn to navigate the new online portal for the New Jersey Student Learning Standards in the Visual and Performing Arts. This session will provide supervisors and teacher leaders an opportunity to begin unpacking the new standards and appendices. Many practical implications of implementation, including professional development and curricular revisions, will be explored through peer-to-peer and facilitated discussion.

**Presenters:** Jeff Santoro, Supervisor of Fine & Performing Arts, West Windsor-Plainsboro Regional School District and Kerri Sullivan, District Supervisor of the Arts, K-12, Bridgeton Public Schools

**FREE**

Register for June 10

**Creating Space for Self-Care**

**June 4th 3pm-4pm**

Join us for a one-hour workshop designed to help you flourish. This educator self-care session will explore the reciprocity of self-care and introduce the neuroscience of stress and its effects on the body and nervous system. Participants will engage in journaling with writing prompts, breathing techniques, mindful movement, and guided relaxation strategies in the form of Breathe, Move, Rest Brain Breaks. The exercises promote educator wellbeing and develop the foundational Social and Emotional Learning (SEL) competencies of Self-Awareness and Self-Management. Participants identify how simple strategies can impact the ability to manage stress, organize/focus, and identify emotions. Attendees should wear suitable clothing for light exercise.

**Presenter:** Michelle Kelsey Mitchell, Director of Partnerships, Pure Edge, Inc.

**FREE**

Register for June 4